



# Precision Nutrition

Precision Nutrition acknowledges that

## Bhavana Garg

has successfully completed continuing education requirements for the following course:

### Precision Nutrition Level 1, Certificate in Sleep, Stress Management, and Recovery Coaching

September 19th, 2025

CERTIFICATION DATE

KRISTA SCOTT-DIXON, PHD

JOHN BERARDI, PHD

#### Approved Providers and CEC's awarded:

ACE (CEP233076) – 4 CECs | ACSM (691544) – 40 CECs | AFAA (12,065) – 15 CEUs | CIMPSA (2216421-PN) – 10 CPD points  
CPTN (CT2022001) – 14 CECs | EREPS (95679) – 10 hours | ISSA (22-620973) – 20 CECs | NASM (838) – 1.9 CEUs | NBHWC (CE-000103-1) – 15CEs

