



# HARVARD MEDICAL SCHOOL

*Certifies that*

**Bhavana Garg**

*has participated in the enduring material titled*

**Lifestyle Medicine: Nutrition and the Metabolic Syndrome**

**January 14, 2022**

*This activity was designated for 1.25 AMA PRA Category 1 Credits™*

*Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians*

Ajay K. Singh, MBBS, FRCP, MBA  
Senior Associate Dean for Postgraduate Medical Education